

Family Conversation Jar

Encourage family talks with this fun and insightful activity



Having conversations with your kids is an effective way to help prevent underage drinking. The following activity can help. Cut out the questions found below, place in a jar, and put it in the center of the dinner table. During the family meal, take turns drawing questions from the jar. Some questions are specifically for parents to answer (marked on the side with a "P"), but make sure everyone gets a chance to answer each of the other questions.



Family Fun: Have your kids decorate a jar. The following items can be helpful:

- Colored paper, cloth, or paint
- Family photos
- Pictures cut out from magazines
- Ribbon, string, raffia, straw, cotton balls, etc.
- Glue, tape, scissors, markers

Questions for Parents:

What beliefs give you strength?
What was your first job? Did you like it?
Did you have any pets growing up? If so, tell me about them.
What was one thing your parents made you do that you hated?
What kind of food did you hate as a kid but love now?
Why is being honest so important to building a stable society?
What was your least favorite subject in school? What was your favorite?
When you were my age, what did you want to be when you grew up?
What was one thing you did when you were a kid that made you the happiest?
What was one thing you did when you were a kid that made your parents proud of you?
Did you take family vacations when you were a kid? Where did you go? How did you get there?
Who was your best friend growing up? Tell us one of your favorite stories about things you did together.

Questions for Everyone:

If you could have anything for dinner, what would you have?
What is your favorite place in the world and why?
If you could be on any television show, what would it be?
What is the best present you've ever received?
If you could live anywhere in the world, where would you live and why?
If you had three wishes, what would they be?
What would you do if you were President?
If you won a million dollars, what would you do with it?
If you could have any job, what job would it be and why do you think you would like it?
If you could invite three famous people (present or past) to dinner, who would they be and why?
What is the one thing you think should be invented to make your life easier or more enjoyable?
If you could go anywhere for your next vacation, where would you go and what would you do?

What do you like best about life?
Tell us about your favorite memory.
Tell us one thing that is really important to you.
Tell us one thing that is nice about yourself.
Tell us about something that makes you laugh.
Tell us whom you admire most and why.
What was the hardest choice you ever made?
Tell us one way you want to improve your life.
What holds you back from doing what you really want to do?
What is one thing you could do to help our family?
Tell us what things make you feel loved.
(Fill in the blank) When I feel sad, I need....

Who is your best friend and why?
What could you do to make the world a better place?
If you could have any animal as a pet, what would it be?
If you could pick a new first name, what would it be?
What was the very best thing that happened to you today?
If you could add one item to your bedroom, what would it be?
If you could visit any city, where would you visit?
Why is driving drunk so costly and harmful to society?
If you could be any animal, what animal would you be?
If you had to leave the earth on a space ship and take 4 friends with you, who would you take?
If you were allowed to stop doing one chore around the house, what would it be?
How can using drugs or alcohol underage limit your possibilities?